Introduction to Bladder Management Using Catheters and Devices
Teleconference Outline

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Behavioral Objectives:
By the end of the teleconference, the participant will be able to:

1. Describe the types and causes of bladder dysfunction.
2. Define types of catheterizations used for bladder dysfunction.
3. Detail the indications for catheterization including associated complications and nursing care problems.
4. Describe current management strategies for urinary incontinence to include incontinence absorbent products and toileting devices.
5. Detail perineal skin care problems with appropriate applications of products.
6. Define pelvic organ prolapse (POP) and voiding consequences.
7. List selection, placement and management of specific pessaries.

Outline
I. Types & Causes of Bladder Dysfunction
   • Urinary Incontinence
     o Stress
     o Urge/overactive bladder
     o Mixed
     o Overflow
   • Urinary Retention
     o Acute
     o Chronic

II. Use of catheterizations
   • Intermittent (IC)
     o Clean versus sterile self cath
     o Types of catheters
     o Catheter Care
   • Indwelling (Foley) catheter use
     o Indications for Catheter Use
     o Complications & Frequently Occurring Problems
     o Nursing Strategies for Management
   • External (condom) Catheters/Urosheaths/Female Devices
     o Complications & Frequently Occurring Problems
     o Nursing Strategies for Management

III. Management of Urinary Incontinence –
   • Use of incontinence absorbent products
   • Toileting devices

IV. Care of perineal skin
   • Common conditions – erythema
   • Routine Care & Perineal Skin Injury
   • Use of Creams, Ointment, Lotions
   • Choosing a Product

V. Vaginal support device
   • Definition and history of pessary
   • Types & Sizes
   • Selecting appropriate pessary
   • Care of device
References